

Management

Primary Care management includes

- ◆ reassurance below the age of 7 years
- ◆ standard home alarm clock and dry bed training

Specialist management includes

- ◆ investigation and advice on management of persistent nocturnal enuresis
- ◆ enuresis alarm
- ◆ desmopressin

When to refer

Refer to CAS

- ◆ Consider referring to the local enuresis advisor/enuresis clinic (where available) all children aged over 7 years who have persistent nocturnal enuresis despite initial treatment.
- ◆ Refer to appropriate specialist:
 - ◆ If an enuresis advisor is not available and there is no response to appropriate treatment
 - ◆ All children with urinary tract infections, daytime wetting, or other organic causes of enuresis

Refer to RARC

- if the patient does not meet the referral criteria above consider referral to CAS requesting a RARC appointment.